Bethany retirement living

CROSSROADS

Bethany Accredited by The Joint Commission

Bethany Retirement Living has earned The Joint Commission's Gold Seal of Approval® for Nursing Care Center Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing safe and quality patient care. Bethany's Transitional Care Unit was also recognized by earning Post-Acute Care Certification.

Bethany Retirement Living underwent a rigorous, unannounced onsite review spring of 2024. During the visit, a team of Joint Commission reviewers evaluated compliance with Nursing Care Center standards spanning several areas including emergency management, environment of care, infection prevention and control, leadership, medication management and rights and responsibilities of the individual.

The Joint Commission's standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance. The surveyors also conducted onsite observations and interviews.

"As a healthcare accreditor, The Joint Commission works with healthcare organizations across care settings to inspire safer and higher quality of care that is more equitable and compassionate," says Ken Grubbs, DNP, MBA, RN, executive vice president of Accreditation and Certification Operations and chief nursing officer, The Joint Commission. "Through collaborating on innovative solutions and evidence-based resources and tools, The Joint Commission helps drive improvement while maintaining accountability through our leading survey methods and standards. We commend Bethany Retirement Living for its commitment to advance safety, quality, equity and compassion for all patients."

Shawn Stuhaug, President/CEO of Bethany Retirement Living said, "I commend our nursing leadership team and all of the Bethany employees who provide care of all kinds to residents and patients at Bethany. The Joint Commission application and assessment process is interdisciplinary, thorough and detailed and gave us a unique opportunity to review our practices to identify what we do well and to pinpoint areas where we can provide even better care to those who live at Bethany Retirement Living."

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Sponsoring Congregations

Bethel Lutheran, Wahpeton
Bethlehem Lutheran, Fargo
Buffalo Lutheran, Buffalo
Davenport Lutheran, Davenport
Elim Lutheran, Fargo
Emmanuel Lutheran, Abercrombie
Faith Lutheran, Dwight
Faith Lutheran, West Fargo
First Lutheran, Fargo
Galchutt Lutheran, Galchutt
Herby Lutheran, Harwood
Hickson Lutheran, Hickson
Hope Lutheran, Fargo
Horace Lutheran, Horace
Kindred Lutheran, Kindred
Lutheran Church of the Cross, West Fargo
Maple Sheyenne Lutheran, Harwood
Martin's Lutheran, Casselton
Messiah Lutheran, Fargo
Mooreton Lutheran, Mooreton
New Hope Lutheran, Leonard
Norman Lutheran, Kindred
Olivet Lutheran, Fargo
Our Savior Lutheran, Page
Our Savior's Lutheran, Colfax
Peace Lutheran, Fargo
Pontoppidan Lutheran, Fargo
Richland Lutheran, Walcott
St. John Lutheran, Arthur
St. John Lutheran, Embden
St. John Lutheran, Fargo
St. Mark's Lutheran, Fargo
St. Paul's Lutheran, Tower City
St. Peter Lutheran, Leonard
Walcott Lutheran, Walcott
Zion Lutheran, Harwood

Medical Director

Dr. Parul Gupta

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Grant Richardson, *Senior Executive - Development & Community Relations*

Mission Statement

To provide living opportunities in a senior community shaped by Christian values.

Values

BELIEVE: We believe in the power of the individual. Every resident is unique and special; every employee has the opportunity to make a difference. We believe in the power of faith.

ETHICS: Ethical behavior drives our daily decisions. We are open and honest with our residents, co-workers and the community.

TEAMWORK: We are a regional leader in long-term care because of the exceptional teamwork of our employees, working together to achieve our mission.

HOME: This is our residents' home. We will treat every resident with compassion, courtesy, dignity and respect. We provide excellent care for each based on his or her individual needs. Every decision puts the resident first.

ACCOUNTABILITY: We are accountable for our conduct and decisions.

NEW: We are consistently searching for new and innovative ways to meet the needs of our current and future residents.

YOU: You make a difference! Bethany is a community of individuals living and working together, enriching the lives of residents, employees, volunteers, visitors, and families.

Vision

Bethany's vision is to be the region's preeminent provider of senior living services.

About Bethany

Operation	Function	Established	# of Residents/Units
American Lutheran Homes			
Skilled I	Nursing Care	1979	65
	Transitional Care		31
Skilled II	Nursing Care	1968	76
Towers	Basic Care	1963	77
Towers	Assisted Living & Basic Care	1978	45
Bethany Personal Care Services		1986	
Bethany Foundation	Charitable Support	1986	
Bethany on 42nd			
Gables	Senior Apts & Assisted	2009	40
Skilled	Nursing Care	2009	116
Grace Pointe	Independent Housing	2016	58
Ethos Home Care	Home Health & Hospice	2015	

Bethany On-line

Information relating to all facets of Bethany's operations, as well as admission, employment and volunteer inquiries can be accessed 24 hours a day on-line at **www.bethanynd.org**.

Chaplain's Corner

"and whoever gives even a cup of cold water to one of these little ones in the name of a disciple, truly I tell you, none of these will lose their reward."

Matthew 10:40

What a little thing, don't you think, to give a cup of cold water? We often imagine discipleship as requiring huge sacrifice or entailing great feats, and sometimes that is what discipleship looks like. But most of the time, Jesus seems to say, that following him requires nothing more than giving a cup of cold water to one in need. Through your cups of cold water, hugs, helping hands, and listening ears you are caring for the world God loves so much.

Here at Bethany, I am so very blessed to be able to share and to witness how just small interactions of love and caring can make all the difference in the world to those who are thirsty. Offering a listening ear, offering a word of encouragement and care and taking the time to just stop and visit means so very much to those who call Bethany their home.

Please know that the things you do both big and small at Bethany truly matter to God and to those you touch with your heart of compassion, care and love. The calling that God sets before us may be great or as simple as offering a drink to those who are thirsty. Thank you for your continued partnership in the work of God's kingdom, I hope you know how grateful I am for each of you and the work that we share.

In Christ,
Pastor Brian

Auxiliary Geranium Sale

For the Sixth Consecutive Year, the Bethany Auxiliary has sold geraniums as a fundraiser and the 2024 sale was very successful. Auxiliary members, other volunteers and employees sold nearly 3,000 geranium plants to neighbors, family members, friends, and the general public (and maybe bought a few themselves). The Auxiliary realized net income of more than $7,000 from plant sales and gifts. Proceeds from this event – and all Auxiliary fundraisers – are used to fund gift requests that enrich the lives of those living at Bethany.

The beautiful, vibrant, locally-grown plants come from Bloomfield Garden Center in Sabin, MN. Our thanks go out to the hard-working volunteers and our sponsor churches that helped make this event such a success. From promoting and selling geraniums to helping with distribution, we couldn't have done it without them.

The Bethany Auxiliary will be selling geraniums again next spring. Plan now to decorate your yard while helping our residents.

Bethany Trustees Named

Delegates from sponsoring congregations convened at the Annual Meeting of Bethany Retirement Living on Tuesday, April 9, 2024, at Bethany on University. Joining the Board of Trustees for their first three-year term are John Hertsgaard, Laura Ness Owens, Lianne Rockstad and Rick Steen.

John Hertsgaard is Partner/Owner of Hertsgaard Farms and President/CEO of SpaceAge Synthetics. His previous positions include Director of Far East Operations for Amphenol Corporation in Hong Kong from 1985 - 1989. He is a member of Kindred Lions, North Dakota Farm Bureau and the North Dakota Corn Growers and serves on the Board of the Kindred Economic Development Corporation and the Kindred Cemetery.

Laura Ness Owens is Vice President for Doosan Bobcat, Inc. She serves as Vice Chair of the Association of Equipment Manufacturers, is a Board member of the Salesforce Manufacturing Customer Advisory Board and Brand Muscle Executive Customer Advisory Board, a member of the Salesforce Women in Manufacturing and Direct Marketing Association and is a current business partner with The Village Family Service Center and Teacher/Member for Yoga Alliance.

Lianne Rockstad is a retired Owner of AB Art Gallery. Lianne has served as a past board member of the Kindred Area Dollars for Scholars and the ND State Dollars for Scholars and is a member of the Ladies Oriental Shrine Waheed Court #81. In her past employment with H.C. Price Company, she spent 23 years working in a subcontractor role on the Trans-Alaska pipeline.

Rick Steen, Fargo, is a retired CPA from Eide Bailly, where he worked for 38 years and was partner with the firm for 24 years. He most recently completed 8 years (two terms) as a Cass County Commissioner. He is a member of the American Institute of CPAs and a member of the North Dakota Society of CPAs. He serves as the vice-chair on the FargoDome Authority Board and is a board member for the Greater Fargo-Moorhead Economic Development Corporation.

Officers of the Board are Paulette Amundson, Chair; Dan Beauchamp, Vice Chair; Roger Olson, Treasurer and Ben Carlsrud, Secretary. Other Trustees include Cheryl Anderson, Jerilynn Brantner Adams, and Beth Renner.

Retiring from the Board of Trustees are Bruce Davidson, Neil Eriksmoen, Martha Leclerc and Jack Rydell.

John Hertsgaard

Laura Ness Owens

Lianne Rocksatd

Rick Steen

Please Consider Bethany...

Your will (or living trust) indicates your intentions, then provides the power to accomplish them. This document remains the key element in most estate plans. Bethany Retirement Living depends greatly on outright gifts and unconditional bequests so that it can faithfully serve our residents. An example of a charitable bequest favoring Bethany is as follows:

I give, devise and bequeath to Bethany Homes, Inc., a qualified 501(c)(3) non-profit corporation in Fargo, North Dakota, $_____ (or __% of my residuary estate) (or description of in-kind property) to be used by Bethany Retirement Living.

Cherished Hopes Grants Jimmy's Wish

Towers Basic Care, resident James "Jimmy" Newgren has had a tough go of things. Homeless at one point in his life, he came to Bethany in May 2023 and has embraced the Bethany community as Bethany has embraced him.

He has found peace in the Towers. He doesn't need much but sometimes the things he needs are out of reach.

The North Dakota Long Term Care Association offers "Cherished Hopes," a program to assist facilities with granting wishes to residents and tenants in long term care facilities. Bethany Towers staff submitted a request on Jimmy's behalf to help purchase a few items to enrich his life. Funding was provided for the simple pleasures of a good pair of slip-on shoes, a couple of shirts and a joke book. But Jimmy spread the joy by acquiring a play tree, a kitty bed, and a visit to the veterinarian for immunizations for his pet cat. He also requested a dresser, but a generous donor provided that for him.

Thank you to the North Dakota Long Term Care Association for partnering with Bethany Retirement Living to brighten Jimmy's life.

Wedge Fund Benefits Bethany

The Frank L. Wedge Memorial Fund, administered by the North Dakota Long Term Care Association, has awarded Bethany Retirement Living a grant of $10,000 to support the development of a leadership training program.

Bethany will partner with the University of Mary for the project. The grant provides funding to design and implement a comprehensive program of leadership training. The targeted audience for this training is Bethany employees who serve in a variety of roles with a shared mission of servant leadership and a desire to grow in ability. The initial cohort will include 25 employees. The training schedule involves a face-to-face modality, customizable to the specific needs of Bethany Retirement Living and the individual participants.

The training will help build cohesive teams at Bethany where members will work more efficiently and effectively to provide high-quality care to residents and patients and good customer service to teammates.

Bethany Gables Earns 2024 AHCA/NCAL Bronze National Quality Award

Bethany Retirement Living's Gables Assisted Living at Bethany on 42nd has been recognized as a 2024 recipient of the Bronze – Commitment to Quality Award by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL) for a commitment to improving the lives of residents through quality care. Bethany Gables is one of just three assisted living facilities in North Dakota and 135 assisted living facilities across the country to receive the Bronze Award.

"This recognition of the outstanding care we provide our residents at Bethany Retirement Living helps us stay on-track as we continually strive to improve services for our residents," said Shawn Stuhaug, President/CEO at Bethany Retirement Living. "It allows us to compare ourselves against others in our market, as well as statewide and nationally. We are very proud of the work our employees do to care for the residents and patients at Bethany."

The distinction is the first of three progressive award levels through the AHCA/NCAL National Quality Award Program. The Award Program has three levels: Bronze, Silver, and Gold.

Providers begin the quality improvement process at the Bronze Level, where they assess their organization's mission, vision, and key factors that lead to success. Trained examiners review each application to determine if the center has met the demands of the criteria. Bronze recipients can now move on to the Silver Quality Award.

"Our recipients exemplify leadership and a steadfast commitment to quality and innovation," said LaShuan Bethea, Executive Director of NCAL. "Their accomplishment is a crucial step in creating an even brighter future for all residents and staff. We honor their dedication and celebrate the positive impact they are making in our assisted living communities."

The awards will be presented during AHCA/NCAL's Convention & Expo in Orlando, Florida, October 6-9, 2024.

Bethany to "Transition" to "Rehabilitation Suites"

Bethany Retirement Living will be modifying how some areas of our operations will be named. Specifically, the Transitional Care Unit will be referred to as Bethany Rehabilitation Suites. Following trends seen nationally, Bethany wants to focus on what happens on that unit – rehabilitation.

This will be a lengthy process and one that will take place incrementally. Advertising, literature, communication with case managers at other providers, signage, and many other uses of the term will change over time.

As "Transitional Care" evolves into "Rehabilitation Suites", many will likely continue to refer to the TCU; it's a familiar term, one many have been using for more than a decade at Bethany. Nevertheless, please use "Rehabilitation Suites" when you reference that part of Bethany's operation.

expressing our gratitude

We gratefully acknowledge the following gifts received between March 1, 2024 and June 30, 2023. Memorials of $100 or more are listed in two places.

CURRENT GIVING

$5,000 or more
Thomas Rickard
Lois Jean Sanner Estate
Frank L. Wedge Memorial Fund

$1,000 to $4,999
Hope Lutheran Church, Fargo
Janet & David McNair
Myron & Jenniece Sommerfeld

$500 to $999
Bethlehem Lutheran Church, Fargo
Allan & Jennifer Erickson
Grant & Michelle Richardson
Susan Scheel
Shawn & Tanya Stuhaug

$250 to $499
Anonymous
Shirley Bolme
Lianne Rockstad

$100 to $249
Kaye & Mark Angus
Anonymous
Adam & Jessica Broers
Carole Dembo
Brian & Kendra Hansen
Joel & Linda Harms
Hickson Lutheran Church, Hickson
Bruce & Joyce Linnerud-Fowler
Shirley Listul
Joyce Newgard
Jane Oberg
Marsha Peterson
Shane & Sarah Underdahl

Other Current Giving
Paige Andel
Benetta Anderson
Alyssa & Richard Blumler
Kathleen Brey
Vanessa & Ryan Bryn
Ginny & Grant Carpenter
Bon Chyn
Elizabeth Erickson
Lori Fischer
Esmeralda & Michael Franssen
Rhiannon Garcia
Stephanie Germolus
Suzann Gross
Esther Hamby
Shannon Hauge
Jamie & Cheri Haugen
Heidi & Fred Heilman
Lexi Heisler
Susan Henderson
Rebecca Hendrickson
Ryan Higgins
Jordan & Matt Hruby
Dawn & Myron Hummel
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Sydnie James
Cody Johnson
Patricia Johnson
Stacy Kolb
Shawn Kreil
Aaron Lamb
Shilo Larson
Victoria Lohmann
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Anna & Ryan McGillivray
Amanda McIntosh
Katie Monk
Connie Niemi
Alexandra Nord
Heather & Chad Ogdahl
Maria Olson
Karen Ortlepp
Steve & Laura Ness Owens
Morgan Rasmussen
Ashleigh Rauscher
Krista Renneke
Lisa & Kyle Renner
Maren & Roger Samuelson
Allison Schendel
Jody Schmidt
Kelli & Ryan Seeger
Shelby Siems
Maja Sunjic
Carman Swenson & Kelby Stoner
Kathy Ulseth-Tenold
Amy Thorsteinson
Jennifer Weifenbach
Tammi & Cory Weiss
Kristi Wick
Breana Williams

IN-KIND GIFTS
Tammy Carver
Vince & Mable Dalke
Fargo Public Library
Nancy Farnham
Dawana Jensen
Martin's Lutheran Church, Casselton
Sandy's Donuts
Thrifty White Drug

TRIBUTE GIFTS IN MEMORY OF...

Barbara Armstrong
- James & Melody Armstrong

Margaret L. Asleson
- Michael & Susan Williams

Richard Bolme
- Craig & Cindy Bender
- Barton & Kristie Berg
- Dennis & Barbara Blilie
- Shirley Bolme
- Patricia Eliason
- Susan Hanson
- Arlene Haux
- L.C. & Mary Jordheim
- LaVonne Jordheim
- Marilyn Jordheim
- Carol Lacey
- Marjorie Meester
- Mae Peppel
- John & Karen Reubish
- Roman & Sharon Rezac
- Peg Robertson
- Maxine Saul
- Jill Steinhaus & John Asleson

Janice Boyce
- Helen Punton

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- Lianne Rockstad

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- Joel and Nancy Harms

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- Shirley Listul

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- Dawana Jensen

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- Roger & Rebecca Moe

Lois Rickard
- Thomas Rickard

Esther Ritter
- Rosemarie Klein

Beatrice Roberts
- Mary McNaughton
- Larry & Colleen Roller

Jerel Voeller
- Marsha Peterson

Paper or...?

Some of Bethany's friends enjoy receiving the Crossroads newsletter in print form (like this issue, for example.) Increasingly, though, readers of the newsletter prefer to receive and read the newsletter on their computer, tablet or phone. It's convenient for the reader, they can take it with them should they want to refer to something and it can arrive more quickly. From Bethany's perspective, sending the newsletter electronically saves printing and postage costs and can reach readers in a more timely fashion.

If you would prefer to receive the *Crossroads* newsletter by email rather than by mail, please contact Grant Richardson at Bethany (**701.478.8910 or grichardson@bethanynd.org**) to make the switch.

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Do You LIKE us?

BETHANY RETIREMENT LIVING is taking advantage of social media to tell our story, share information about activities at Bethany, enlist employees and volunteers, provide health information and feature employees and residents. We post something interesting nearly every day to both Facebook and Twitter. We just recently added Instagram to our menu of social media options.

Among the most popular posts are profiles of some of our residents. The short videos (also available on YouTube) provide a glimpse into the personality, background and likes of some of our residents. There are some amazing people residing at Bethany.

You are encouraged to "like" us on Facebook or "follow" us on Twitter and Instagram to get the latest information from Bethany.

http://www.facebook.com/BethanyND
https://twitter.com/BethanyND
bethany_nd on Instagram

Please write to us at our address if you wish to have your name removed from the list to receive fund-raising requests supporting Bethany Retirement Living in the future.

In the event that you contact us with this request, all reasonable efforts will be taken to ensure that you will not receive any fund-raising communications from us in the future.